

Alexander Smith



I decided that nursing and older adult care specifically was the career choice for me because I would get to give something back, and make an impact every day I went to work.

I hope to achieve satisfaction in my life in older adult care through professional and personalized care. Every resident, or client, or patient I have met has been unique and individual and come from a different background. Each of them have specialized needs and require specialized cares both physically and emotionally. I hope to help achieve and meet every one of those. Doing my best to accomplish that is truly my passion. My personal goals involve earning a BSN in the future and continuing care for older adults.

I hope to impact the profession by personalizing the care given as much as possible; all said and done by making the client's stay in whatever type of facility they are in as pleasant as possible. I understand that the older adults I have and will be working for are not always comfortable or enthusiastic about requiring care. Something even as small as a conversation showing them you care can make a world of difference to them and sometimes even their health and well being.

At Talahi Senior Campus where I am employed I am often scheduled in the memory care unit. I have really grown to enjoy it from all of the experience's I have encountered and learned from. I can think of one night in particular when a resident with dementia was extremely upset, roaming the entire unit and appearing in great distress. As an aide we are challenged by time to meet all the resident's needs and accomplish all of our job tasks however I really felt obligated to help this woman. I spoke with the other aids that night and asked if we could rearrange some job tasks so I could spend some one on one time with the resident. Although it wasn't the most economical way to fit in all of our work I did get to sit down with her for about twenty minutes. The resident was very scared and confused about where she was and why she didn't recognize any of the people here. She was looking for her family and I asked her to tell me about them and herself. We got into a long conversation and I learned a lot about this person who I had worked with for a quite some time. Just taking that amount of time to listen and show her that someone cared almost completely calmed her down without the use of medication. In turn it made her evening more pleasant and safe. Even though it was tough to find the time to do this, I could tell that she was positively impacted and much more comfortable after our conversation.